



PLAINVIEW-OLD BETHPAGE CENTRAL SCHOOL DISTRICT

DEPARTMENT OF PHYSICAL EDUCATION, HEALTH, ATHLETICS AND RECREATION

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Dear POB Community Members,

What a winter season it was for the Hawks and now it's playoffs time!!! Come out and support the Hawks this week.

Gymnastics - Nassau County Team Championship

When: Team Championship 2/16

Time: Team Championship 5:00pm

Where: Team Championship Syosset High School

On Tuesday at the Nassau County Individual Gymnastic Championship sophomore Marisa Schlossman took home the NASSAU COUNTY CHAMPIONSHIP!!!! Marisa won the competition with an overall score of 36.30. She came in first on the vault (9.25) and the uneven bars (9.45). Marisa will now compete at the NYS Gymnastic Championship on March 4th at Kenmore West HS in Buffalo, NY.

Next up for the Hawks is the Nassau County Team Championship on 2/16. The Hawks finished the season with a record of 9-2.

Girls' Basketball - Nassau County CLASS AA Playoff -1st Round

When: 2/17

Time: 5:30pm

Where: Freeport High School

The Girls' Basketball team finished the season with a record of 16-4, tying a school record for wins in a season. The Hawks enter the playoffs as the #5 seed and will travel to Freeport this Friday to face the Red Devils. The Hawks are looking to advance to the semi-finals for the 3rd straight year.

The Hawks are led by sophomores Emma Heaney, Emily Brake and senior Ava Matlin. Heaney is averaging 19.2 points per game, which is 9th in Nassau County. This year Heaney set the school record for most points scored in a season.

Boys' Basketball - Nassau County CLASS AA Playoff -1st Round

When: 2/18

Time: 2:00pm

Where: Port Washington HS

The Boys' Basketball team finished the season with a record of 12-8. The Hawks enter the playoffs as the #6 seed and will travel to Port Washington on Saturday. The Hawks are led by the trio of junior Ryan Hosein and seniors Logan Weisenthal and Ari Kesselman.

Boys' Bowling - CONFERENCE CHAMPIONS!!!

The Hawks went undefeated this season in conference play with a record of 12-0. At the Nassau County Team Championship the team finished in 4th place. At the Nassau County Individual Championship this past weekend junior Brandon Nanoo finished 3rd in the county and secured his place on the Nassau County State team. Brandon will compete at the State Championship on March 10th in Syracuse.

Girls' Indoor Track - State Qualifier

Taylor Korn (SR) pole vaulter finished in 8th place in Nassau County. On Tuesday she competed in the State Qualifiers for a chance to represent the Hawks at the State Meet at the Ocean Breeze Athletic Complex in Staten Island, NY on March 4th.

Kickline

It was another tremendous season for the Kickline team. In their final competition last weekend they picked up two first place finishes - Lyrical Dance and Team Performance. They also got 3rd in Kick and Hip Hop. In the season the Hawks finished with four 1st place finishes, two 2nd place and four 3rd place.

Girls' Bowling

The Hawks finished their season with a record of 7-5. Romy Park led the Hawks this season with an average of 150. At the Nassau County Team Championship the Hawks finished in 6th place. The highest they have finished in the last 10 years.

Wrestling

The Hawks had three wrestlers compete at the Nassau County Class A Wrestling Tournament this past weekend, Cooper Dorf (138 lbs), Kenny Sessler (118 lbs) and Shakoor Khairzada (172 lbs).

Boys' Swimming and Diving

The Hawks finished the season in 2nd place in their conference with an overall record of 6-3 and 6-2 in conference. Linus Lin broke the school record in the 100m Backstroke with a time of 55.62, this was also 6th in Nassau County. At the county meet this past weekend the Hawks had top ten finishes in the 200 free relay, 400 free relay and Jude Alexander placed 9th in the 50 free relay.

Boys' Indoor Track

The Hawks set two school records this year - Ethan Kaufman placed 5th at the Nassau County Championship in the weight throw and broke the school record with a throw of 46'5.75". The 4x200m relay team of Ryan Katz, Jaron Plotkin, Jeremy Hakimi and Noah Waldman broke the school record with a time of 1:38.73. Tom Rozen also placed 8th in the county in the high hurdles.

LET'S GO HAWKS!!!!



